



To Order: Text/Call or Email
(203)246-6331
ashley@modernfarmkitchen.com

HOLIDAY PERSONAL SHOPPING by MODERN FARM KITCHEN

The new luxury is hyper-local. My friends and I are excited to bring real luxury to your door.

Modern Farm Kitchen will holiday gift shop for you across 24 local farmers, bespoke vendors, and artists for the first time in Westport, CT. Each of these exquisite gourmet and luxury goods are grown and/or made hyper-local to our town.

Let Modern Farm Kitchen hunt and gather for you and deliver one box to your home.

Stock up on multiples of your favorites and you will be ready for any hostess, gift exchange, teacher, neighbor or loved one!!

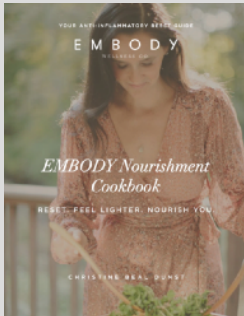
PANTRY		
Premium Quality Olive Oil 	Agape Premium Messinia, Greece to Westchester County, NY Early harvest, unfiltered, extra virgin olive oil 1 L 500 ml 250 ml	\$52 \$32 \$20
Traditional Balsamic Vinegar 	Agape Premium Messinia, Greece to Westchester County, NY 250 ml	\$22
Ginger Vinegar 	Herbal Deva Connecticut 5 oz each Organic apple cider vinegar and CT grown organic ginger.	\$12

Give **LOVE**. Not stuff.

PANTRY		
Culinary Dried Herbs 	Off Center Farm Woodbridge, CT 6.75 oz each Italian Blend, Farmers Blend, Chives, Sage, Lemon Basil, Tarragon	\$8 each
Dragon Fire Spice 	Herbal Diva Connecticut 2 oz Ingredients: Horseradish, Garlic, Tumeric, Ginger, Onions, Hot peppers, Lemon.	\$12
Pure Crushed Tomatoes 	Sport Hill Farm Easton, CT 24 oz Fresh tomatoes.	\$9
Marinara Sauce 	Sport Hill Farm Easton, CT 24 oz San Marzanos tomatoes, olive oil, onions, basil, salt, black pepper, garlic.	\$10
Pureed Butternut Squash Soup 	Sport Hill Farm Easton, CT 24 oz Butternut squash, onion, carrot, celery, brown sugar, olive oil, salt, black pepper, spices, sodium bisulfate (acidifier).	\$9
Sourdough Bread Crumbs 	Fatto o Manno Ischia, Italy to Westport, CT Ground up whole wheat flour, water, sourdough starter, salt. Contains gluten.	\$10

PANTRY		
1 Dozen Blue Eggs 	Ox Hollow Farm Roxbury, CT Do not underestimate the subtle beauty of this universally appreciated gift at the holidays. May not be available every week.	\$12
Pancake Mix 	Made by Brianna Bethel, CT at Shaggy Coos, Easton, CT Makes 10-12 large pancakes Ingredients: Still River Farm Einkorn flour, all purpose flour, sugar, baking powder, vanilla powder, sea salt, cinnamon.	\$10
Maple Syrup 	Ox Hollow Farm Roxbury, CT 250 ml	\$16
Bloody Mary Sauce 	Ox Hollow Farm Roxbury, CT 32 oz	\$16
Pistachio Butter 	Fatto o Manno Ischia, Italy to Westport, CT 100 g Pistachio, granulated sugar, pistachio oil. Contains tree nuts.	\$15
Jam 	Herbaceous Catering Fairfield, CT 4 oz Flavors: Blueberry, Peach, Tomato Peach, Quince, Apple Butter. Ingredients: Woodland Farm (South Glastonbury, CT) fruit, organic cane sugar. Must be refrigerated.	\$10

PANTRY		
Raw Honey 	Planet Bee Apiary Shelton, CT 1 lb	\$17
Creamed Honey 	Planet Bee Apiary Shelton, CT Non-dairy; creamed by process. 8 oz	\$13
Chocolate Creamed Honey 	Planet Bee Apiary Shelton, CT Non-dairy, honey creamed by process with raw cacao. 8 oz	\$14
Smoked, Spiced Honey 	Planet Bee Apiary Shelton, CT Honey with a hint of smokiness and warm spices. 8 oz	\$15
Salsa Macha 	Capitana by Lorenza Westport, CT Olive oil, dried merit peppers, peanuts, dried figs, sesame seeds, brown sugar, salt. 8 oz	\$15
Popcorn 	Sport Hill Farm Easton, CT 1 lb Straight out of Patti's fields.	\$7

HEALING AND PREVENTION		
Elderberry Syrup 	Herbal Deva Connecticut 250 ml Elderberries and currants grown in Connecticut, carefully sourced currants, hibiscus and rosehips, and CT's finest honey. Our proprietary process sets us apart from any other handmade or store-bought syrup + a little bit of magic infused into each batch.	\$33
Dragon Fire Cider 	Herbal Deva Connecticut 8 oz Ingredients: Horseradish, Garlic, Tumeric, Ginger, Onions, Hot peppers, Lemon.	\$19
Dandelion Detox Tea 	Herbal Deva Connecticut 1 oz. jar, 4 oz. jar Organic Ingredients: Dandelion Leaf, Nettle, Red Clover, Rose Hips. Spiderwort.	\$16, \$48
Winter Wellness Tea 	Herbal Deva Connecticut 1 oz. jar, 4 oz. jar Organic Ingredients: Chamomile, Peppermint, Elderflower, Linden.	\$16, \$48
Anti-Inflammatory Reset Cookbook 	Author: Christine Beal Dunst Westport, CT The EMBODY Nourishment Cookbook and Detoxing Meal Plan contains 60+ anti-inflammatory recipes for breakfast, lunch, dinner, elevated sweets, and protein-centric snacking to help you feel lighter, less bloated, shed weight holistically, have glowing skin, increase energy, manage your blood sugar and hormones, promote lean muscles, and more! The RESET recipes are anti-inflammatory, veggie-forward, and protein-centric : free of gluten, dairy, grains, refined sugars, seed oils, corn, peanuts, soy, and shrimp/shellfish. GIFT YOURSELF the Embody Wellness Method course now online. Visit embodywellnessmethod.com for details and purchase.	\$25

HOME SPA		
Enzyme Cleansing Oil 	Espalier, Westport, CT Oil-to-Milk Botanical Face Cleanser, 2 fl oz Ingredients: 70% Organic *Camellia Oleifera (Camellia) Seed Oil, *Helianthus Annuus (Sunflower) Seed Oil, Polyglyceryl-4 Oleate, *Rosa Canina (Rosehip) Seed Oil, Lactobacillus/Papaya Fruit Ferment Extract, *Argania Spinosa (Argan) Oil, *Punica Granatum (Pomegranate) Seed Oil, *Perilla Frutescens (Perilla) Seed Oil, *Ricinus Communis (Castor) Seed Oil, Carica Papaya Seed Oil, Hibiscus Rosa-Sinensis Flower Extract, Natural Tocopherol (Vitamin E) *Certified Organic.	\$27
Illuminating Renewal Serum 	Espalier, Westport, CT Phyto-Retinol + Vitamin C, E & Ferulic, .5 fl oz Ingredients: 51% Organic Tetrahexyldecyl Ascorbate (Vitamin C Ester), *Camellia Oleifera (Camellia) Oil, *Rosa Canina (Rosehip) Oil, Citrullus Lanatus (Watermelon) Oil, Terminalia Ferdinandiana (Kakadu Plum) Extract, *Simmondsia Chinensis (Jojoba) Oil, *Punica Granatum (Pomegranate) Oil, Rubus Idaeus (Raspberry) Oil, *Vaccinium Macrocarpon (Cranberry) Oil, *Argania Spinosa (Argan) Oil, *Hippophae Rhamnoides (Sea Buckthorn) Oil, Psoralea Corylifolia (Bakuchiol), Natural Ferulic Acid, Natural Tocopherol (Vitamin E) *Certified Organic	\$37
Replenishing Moisturizer 	Espalier, Westport, CT Daily Hydration and Barrier Support, 2 fl oz Ingredients Aqua/Water/Eau, Squalane (Olive), *Butyrospermum Parkii (Shea) Butter, Niacinamide (Vitamin B3), *Vegetable Glycerin, Cetearyl Oliviate, Simmondsia Chinensis (Jojoba) Esters, Sorbitan Oliviate, Sodium Hyaluronate, Centella Asiatica (Gotu Kola) Extract, Leuconostoc/Radish Root, Cetyl Alcohol, Lactobacillus, Allantoin, Cocos Nucifera (Coconut) Fruit Extract, Xanthan Gum, Tocopherol (Vitamin E), Lactic Acid *Ingredients from Organic farming	\$42
Hand & Cuticle Balm 	Espalier, Westport, CT 1 oz Ingredients Butyrospermum Parkii (Shea) Butter, Beeswax, Argania Spinosa (Argan) Oil, Punica Granatum (Pomegranate) Seed Oil, Rosa Canina (Rosehip) Seed Oil, Tocopherol (Non-GMO Vitamin E), Citrus Limon (Lemon) Oil Ingredients in bold are Certified Organic	\$14

HOME SPA		
Yiayia's Healing Cream 	Agape Premium Messinia, Greece to Westchester County, NY 1 oz Crafted with premium Koroneiki extra virgin olive oil, combined with pure beeswax.	\$12
Lavender Sage Soap 	Espalier, Westport, CT 6.4 oz Ingredients - 96% Organic Saponified Oils/Butters of *Olea Europaea (Olive), *Butyrospermum Parkii (Shea), *Cocos Nucifera (Coconut), *Theobroma Cocoa (Cocoa), *Ricinus Communis (Castor) Seed; *Cocos Nucifera (Coconut) Milk; Lavandula Angustifolia (Lavender) Oil, Salvia Sclarea (Clary Sage) Oil, Citrus Sinensis (Sweet Orange) Fruit Peel, Litsea Cubeba (May Chang) Fruit Oil, Cedrus Atlantica (Cedarwood) Oil, Pogostemon Cablin (Patchouli) Oil, *Ground Lavender Flowers; Rosmarinus Officinalis (Rosemary) Oil Extract *Certified Organic	\$13
Bare Olive Soap 	Espalier, Westport, CT 5.6 oz Ingredients Saponified Oil of *Olea Europaea (Organic Extra Virgin Olive)*, Sodium Chloride (Sea Salt) *Certified Organic	\$12
Fir Needle Soap 	Espalier, Westport, CT 6.4 oz Ingredients - 95% Organic Saponified Oils/Butters of *Olea Europaea (Olive), *Cocos Nucifera (Coconut), *Butyrospermum Parkii (Shea), *Theobroma Cacao (Cocoa), *Ricinus Communis (Castor), *Cocos Nucifera (Coconut Milk); *Chondrus Crispus (Irish Sea Moss), Abies Sibirica (Fir Needle) Oil, Picea Mariana (Black Spruce) Oil, Lavandula Angustifolia (Lavender) Oil, Citrus Aurantium Bergamia (Bergamot) Peel Oil, Cananga Odorata (Ylang Ylang) Oil, Pogostemon Cablin Leaf Oil (Patchouli) Oil; French Green Clay, Kaolin Clay; Rosmarinus Officinalis (Rosemary) CO ₂ Extract *Certified Organic	\$13
Kokum & Shea Butter Winter Soap 	Espalier, Westport, CT 6.4 oz Ingredients - 85% Organic Saponified Oils/Butters of *Calendula-Infused *Olea Europaea (Olive), *Cocos Nucifera (Coconut), *Butyrospermum Parkii (Shea), Garcinia Indica (Kokum) Seed Butter, *Persea Gratissima (Avocado) Oil, *Ricinus Communis (Castor); *Cocos Nucifera (Coconut Milk); Avena Sativa (Oat) Kernel Flour; Boswellia Serrata (Frankincense) Oil; Cedrus Atlantica (Cedarwood) Oil; Styrax Benzoin; Citrus Aurantium Bergamia (Bergamot) Peel Oil; Lavandula Hybrida (Lavandin) Oil; Amyris Balsamifera Oil; Kaolin Clay; *Chamomile, Rosmarinus Officinalis	\$13



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HOME SPA		
Lavender Bath Salts 	Off Center Farm Woodbridge, CT	\$12
Yiayia's Lip Balm 	Agape Premium Messinia, Greece to Westchester County, NY Crafted with premium Koroneiki extra virgin olive oil, combined with pure beeswax.	\$9
Winter Candle Fir Needle or Winter Berry 	Espalier, Westport, CT 14 oz Organic coconut and soy wax candle • Vegan, phthalate and petroleum free • Eco-friendly, sustainable product • Hand poured in Westport, Connecticut	\$39
Lavender Spray 	Off Center Farm Woodbridge, CT 4 oz. Steam distilled floral water. Perfect to spray on morning sheets, laundry, body, hair, face.	\$18

Give **LOVE**. Not stuff.

COZY LUXURY		
Wool Filled Comforter 	Henny Penny Farm Ridgefield, CT Queen King Henny Penny Farm wool batting covered with 100% Organic Percale cotton. Sewn and hand-tied at Henny Penny Farm by Brenda.	\$425 \$475
Wool Socks 	Henny Penny Farm Ridgefield, CT 100% wool. Small (W 4.5-7) Med (W 7.5-10/ M (6-8.5) Large (W 10.5-13 / M 9-11) XL (M 12-14) DO NOT PUT IN DRYER!	\$33
Wool Gloves 	Henny Penny Farm Ridgefield, CT Small, Large 100% wool.	\$38
Alpaca/Wool Fingerless Gloves, Mittens, Gloves 	Henny Penny Farm Ridgefield, CT Small, Large Made from 61% Wool, 21% Alpaca, 15% Nylon	\$38
Baby Blanket 	Henny Penny Farm Ridgefield, CT 30"x42" 100% Dorset Wool from Henny Penny Farm. Pink, light blue, yellow. Cream, yellow Dark blue, red, yellow, white.	\$275

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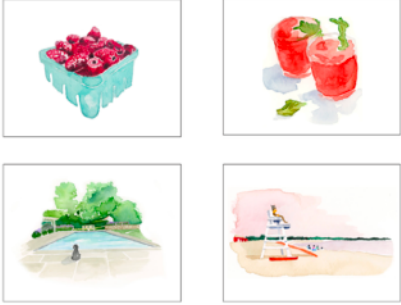
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PETS		
Chicken Brittle Treats 	Paul's Custom Pet Food New Milford, CT Single Ingredient For Dogs, Cats and Horses. 2 oz	\$12
Beef Liver Bites 	Paul's Custom Pet Food New Milford, CT Single Ingredient For Dogs, Cats and Horses. 3 oz	\$15
Yam Sweet Potato Chips 	Paul's Custom Pet Food New Milford, CT Single Ingredient For Dogs and Horses. 6 oz	\$12

LIQUOR.

MFK is not licensed to take liquor orders, but **LOVE**s the following LOCAL festive products:

Limoncello and Oranecello  375 ml \$20	Barrel Strength Whiskey  750 ml \$41	Premium Vodka  750 ml \$21
Fifth State Distillery Bridgeport, CT	<u>WWW.FIFTHSTATEDISTILLERY.COM</u>	

GIVE WESTPORT H-ART to those you LOVE.		
Westport Author: Kelly Coveny  <u>Stalking Unicorns</u> A teenage family moves from Westport to California and back again. Hilarious, heartbreaking, real. Fast paced and beautifully written. \$13	Westport Artist: Maya Porrino  Gift cards, box of 10 \$25	Westport Artist: Lisa Cummings  Raspberries, Bloody Mary's, Pool, Compo Beach Sunset Gift cards, box of 10 \$25

GO GREEN	
Small Terrarium 5" diameter  \$30	Medium Terrarium 8" diameter  \$50
Erika's Gardens, Fairfield, CT Erika artfully and gently lays a mini forest into each repurposed container. Her magical creations vary based on vases available; for that reason, sizes will approximate measurements provided.	

Westport Famers' Market		
Donation 	THANK YOU – Westport Farmers' Market Give the WFM some LOVE. Donate any amount directly to the Westport Farmer's Market on behalf of a named loved one. You will get a personalized card acknowledging the donation to this 501(c)(3) to give as your gift. The WFM has programs that support vets, children, farmers, culinary students, and provides meals through local organizations. www.westportfarmersmarket.com Our WFM makes Westport a foodie's dream town.	Any Amount \$

MODERN FARM KITCHEN Gift Bundles		
Aahhhhh...The Gift of Italia	Pureed Tomatoes, Italian Blend Herbs, Sourdough Bread Crumbs, Premium Olive Oil (add Limoncello www.FifthStateDistillery.com)	\$59
Salad Dressing	Premium Olive Oil, Balsamic Vinegar, Italian Blend Herbs	\$50
PB&J	Pistachio Butter, Jam (any flavor)	\$25
Peanut Butter and Honey	Pistachio Butter, Creamed Honey	\$28
Peanut Butter Cup	Pistachio Butter, Chocolate Creamed Honey	\$29
Spicy Rack	5 herbs of choice	\$40
Good Morning Sunshine	Blue Eggs, Pancake Mix, Maple Syrup	\$42
Sunshine Brunch	Good Morning Sunshine + Bloody Mary Sauce (add Vodka www.FifthStateDistillery.com)	\$58
Best Bloody Mary's EVER	Bloody Mary Sauce (add Vodka www.FifthStateDistillery.com)	\$16
Making Friends	Pet Treat (any flavor) (add favorite liquor www.FifthStateDistillery.com)	\$12, \$15
Winter Crackle Care	Yiayia's Healing Cream, Wool Socks, Winter Candle (either scent)	\$84
Face LOVE Bomb	Enzyme Cleansing Oil, Replenishing Moisturizer, Illuminating Renewal Serum	\$106
Grab and Smooch	Espalier Soap (any scent), Hand and Cuticle Balm, Yiayia's Lip Balm	\$36
GET BETTER so We Can Play!	Elderberry Syrup, Winter Wellness Tea, Raw Honey, Butternut Squash Soup	\$75
Holiday Recovery	Dragon Fire Cider, Dandelion Detox Tea, Raw Honey	\$52
AM/PM	Dragon Fire Cider, Elderberry Syrup / (add CT Barrel Whiskey www.FifthStateDistillery.com)	\$52
A Different Holiday Recovery	<u>Stalking Unicorns</u> , Popcorn (add CT Barrel Whiskey www.FifthStateDistillery.com)	\$61
+ Add a Book by local author	<u>Stalking Unicorns</u> by Kelly Coveny	\$13
+ Add Winter Candle	Espalier Fir Needle or Winter Berry	\$39
+ Add Westport Cards by local artists	Westport Photography by Maya Porrino or Westport Watercolors by Lisa Cummings .	\$25
+ Add Donation to Westport Farmers' Market	You choose the amount.	\$
+ Add MFK gift bag	Canvas or recycled material.	\$12 or \$7

MODERN FARM KITCHEN. Wrap it in LOVE .		
Reusable Canvas Tote  \$12	Reusable Shopping Bag  \$7	Shopping and Delivery  \$35

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